



Standard First Aid & Healthcare Provider CPR FACT SHEET

College of Homeopaths of Ontario

We welcome your comments, questions, concerns, and requests for information.
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Which First Aid and CPR programs are acceptable for registration?

The College is not able to endorse any First Aid & CPR training providers. As long as the training program meets the criteria listed in the College's policy REG CS 03 and the CPR is clearly designated as "Healthcare Provider (HCP) Level" then it will be acceptable.

Applicants can search the internet if they need assistance finding a training provider in their area.

What are the minimum requirements for First Aid and CPR?

The program must meet the minimum criteria set by the International Liaison Committee on Resuscitation (ILCOR). Recognized programs, sanctioned by the ILCOR, generally include the following criteria:

Health Care Provider Level CPR

1. CPR for adults, children, and infants
2. First aid treatment for airway, breathing, and circulation emergencies including cardiac arrest and choking
3. Public access Automated External Defibrillation (AED) use
4. Rescue breathing
5. Bag Valve Mask (BVM) use

Standard First Aid

1. Secondary survey
2. Preventing of disease transmission
3. Injuries to the head, spine, bone, muscle, joint and soft tissue
4. Wound care, burns
5. Sudden medical conditions including choking
6. Poisons, substance abuse and misuse

More information can be found in the policy REG CS 03 Requirements of First Aid and CPR, located on the College website.

What type of document do I need to submit to the College?

The College will accept a certificate or wallet-size card as proof of certification. If those documents are unavailable, you may submit a letter from your instructor attesting to your successful completion of training. When you apply to the College these documents must be notarized.

How often will I need to renew my First Aid and CPR certification?

Certification in CPR and First Aid must be current for applicants and all Registrants must maintain their certification at all times. Generally CPR and First Aid is valid for two to three years depending on the training provider. Please check the expiry date on your certificate or wallet-size card and renew your certification.

The initial courses in both CPR and Standard First Aid are generally two days in length (12 to 14 hours). Renewal courses are typically one day in length (6 to 7 hours).

Can I count my First Aid and CPR training as non-clinical hours on my application form? Does it count as continuing education?

No. The First Aid and CPR training is a separate requirement for registration and those hours cannot be counted for non-clinical experience or for Registrants' continuing education.

For applicants, all non-clinical experience hours must meet the requirements in the College's policies REG CS 04 Full Class Breakdown of 750-Hours and REG CS 05 Grandparented Class Breakdown of 750-Hours.

I am already a regulated health professional with another College in Ontario. Can I be exempted from this requirement?

The College upholds the same registration requirements for all applicants; therefore all applicants need to complete First Aid and CPR training regardless of their registration in another profession. If the Standard First Aid and Healthcare Provider CPR requirements of the other regulatory body meet the minimum requirements of the College's policy REG CS 03, then you may submit the proof of certification document to the College.

The First Aid and CPR requirement is exemptible; however the College anticipates that exemptions to this requirement will be extremely rare. All requests for exemption will be reviewed by the Registration Committee and, in order to be granted an exemption, an applicant must be able to provide proof that the exemptible requirement cannot be met and that it has been met in another way. To request an exemption from First Aid and CPR, the applicant will need to send their request in writing to the College explaining their circumstances.