



SELF-ASSESSMENT (APPLICANTS)

The Individual Assessment (IA) is a requirement for all applicants who are eligible for registration in Full class.

DO NOT complete the IA until eligibility for Full class registration has been determined.

- a. Have you graduated from an approved program in homeopathy in Ontario in the last 12 months?
- Yes (proceed to complete this form.)
- No (Contact the CHO for more information on next steps.)
- b. Have you received pre-approval from CHO to complete the Individual Assessment?
- Yes (proceed to complete this form.)
- No (Contact the CHO for more information on next steps.)
- c. Did you submit an application for registration to CHO prior to April 2, 2016 and have not yet completed your IA or are resubmitting your IA?
- Yes (proceed to complete this form.)
- No (Contact the CHO for more information on next steps.)

If you answered "yes" to any of the above, proceed to complete this form and the individual assessment. **If you answered no to all three, please contact CHO Registration Staff to determine eligibility through the substantially equivalent process.**

Email: registration@collegeofhomeopaths.on.ca

Phone: 416-862-4804 or toll free at 1-877-883-8083

Website: www.collegeofhomeopaths.on.ca



It is not mandatory to submit the IA self-assessment form starting on page 4 of this document, however it is highly recommended for you to use this document as a tool to help you with your application.

OVERVIEW

The IA Self-Assessment Form has been developed to help you structure the content of your submission in a way that will demonstrate your competence in homeopathy. You need to submit **one essay** and **three cases** demonstrating competence in the following categories:

Length and Format – General Rule

APPLICATION: The recommended maximum is 33 pages, typed, single-spaced, 12-point font or 16,500 words, not including references or supporting material.

CASES: As a suggested rule, the total length of cases submitted should be a maximum of 25 pages, typed, single-spaced, 12-point font, or 12,500 words.

ESSAY: The recommended length of the essay is a maximum of 8 pages, typed, single-spaced, 12-point font or 4,000 words.

For the Essay

You need to demonstrate a thorough understanding of the philosophy and fundamental principles of homeopathy as outlined in the Organon of the Medical Art including but not limited to:

- a) Law of similars; (K, S)
- b) Totality of symptoms; (K, S)
- c) Minimum dose; (K, S)
- d) Individualization of the case; (K, S)
- e) Theory of health and disease (e.g., acute and chronic miasm);
- f) Principles and methods of cure; (K, S)
- g) Potentization of the medicines; (K) and
- h) Provings and action of medicine.

You need to be able to explain the above principle(s)/terms in detail, how they relate to each other and how they are used to reach an understanding of the case and form a remedy picture. Use examples from your cases to describe how these principles are used.

ESSAY: The recommended length of the essay is a maximum of 8 pages, typed, single-spaced, 12-point font or 4,000 words.



For the Cases

You need to demonstrate the following six assessment categories in your cases:

1. Initial Intake
2. Case Taking - Consultation
3. Patient Communication and Rapport
4. Case Analysis & Repertorisation
5. Selection and Dispensing of Medicines
6. Case Management and Follow-up

The *Competency Profile for Entry-to-Practice Homeopaths Practising in Ontario* serves as the underlying foundation of how the six case-based categories need to be demonstrated. The competencies support the six assessment categories as follows:

Category	Competencies
1. Initial Intake	2.25, 2.26
2. Case Taking - Consultation	2.28
3. Patient Communication and Rapport	2.30
4. Case Analysis & Repertorisation	2.33, 2.8, 2.9, 2.19, 2.35, 2.6, 2.34, 2.32, 2.21, 2.36
5. Selection and Dispensing of Medicines	2.37, 2.38, 2.39, 2.40
6. Case Management and Follow-up	2.43, 2.46

CASES: As a suggested rule, the total length of cases submitted should be a maximum of 25 pages, typed, single-spaced, 12-point font, or 12,500 words.

To be eligible to apply for *Full Registration Class*, you must demonstrate ALL six (6) of the case categories at least two times throughout your cases and demonstrate all the Homeopathy Principles through the essay.

APPLICATION: The recommended maximum is 33 pages, typed, single-spaced, 12-point font or 16,500 words, not including references or supporting material.

The next page has guidelines on how to demonstrate the above competencies in your cases. Keep track of which competencies you have demonstrated and in which case in the three columns on the right.



1. Initial Intake	Demonstrated in case		
	1	2	3
<p>This section has two parts. The first is addressed by providing evidence that you have obtained informed consent (see CHO policy on informed consent) and explaining the purpose of the homeopathic consultation, treatment expectations and fee structure to the patient.</p> <p>Provide a sample Consent Form (see CHO standard no. 10 "Informed Consent").</p> <p>The competency assessed in this section is:</p> <p>1) 2.25 Inform the patient and obtain informed consent regarding the nature of the homeopathic process including:</p> <ul style="list-style-type: none"> a) Confidentiality; (K, S) b) Basic homeopathic principles and process; c) Nature and safety of medicine; d) Duration and frequency of visits; e) Treatment expectations (acute vs. chronic, prognosis); and f) Fee schedule. <p>The second part is addressed by providing a sample of a patient intake form and clearly explaining the information in the patient intake form in your cases.</p> <p>The competency assessed in this section is:</p> <p>2) 2.26 Review patient intake form (e.g., family health history, patient health history, chief complaint, etiology, supplements and pharmaceuticals, lifestyle assessment).</p>			



2. Case Taking - Consultation	Demonstrated in case		
	1	2	3
<p>This section is addressed by documenting detailed information regarding the health status of the patient and explaining your thought process to obtain a totality of symptoms.</p> <p>The competency assessed in this section is:</p> <p>1) 2.28 Collect detailed information regarding the health status of the patient to obtain a totality of symptoms using the following:</p> <p><i>Subjective findings including:</i></p> <p>a) Patient's personal account of chief complaints and other symptoms (e.g., health/illness/experiences and the effects on quality of life); (K, S) and</p> <p>b) Information provided by the patient's extended network if appropriate (e.g., family, caregiver).</p> <p><i>Objective data including:</i></p> <p>c) Homeopath's observation (i.e., visual, etc.) (K, S)</p> <p>d) Physical exam, as required, within the scope of practice of homeopathy; (K, S) and</p> <p>e) Medical tests, diagnostic or laboratory result reports.</p> <p>Address by:</p> <p>(i) Providing detailed information about the patient's chief complaints and other symptoms.</p> <p>(ii) Providing information from the patient's extended network, if appropriate.</p> <p>(iii) Providing detailed information about observations of the patient, such as patient's non-verbal communication, gestures, etc.</p> <p>(iv) Describing conditions when a physical exam may be necessary. When conducting a physical exam demonstrate any of the following: observation, palpation, percussion, auscultation. Document your observations and clinical data from the physical exam, as may be appropriate.</p> <p>(v) Including the use of medical tests, as appropriate. Document conclusions obtained from any medical tests and diagnostic or laboratory reports.</p>			



3. Patient Communication and Rapport	Demonstrated in case		
	1	2	3
<p>This section is addressed by describing how you would adapt your listening skills to take into account the patient's unique needs. To do this, you should structure your cases, at least partially, in a question-and-answer format to demonstrate reciprocal communication.</p> <p>The competency assessed in this section is:</p> <p>1) 2.30 Demonstrate interviewing and case-taking skills to elicit spontaneous responses from the patient (e.g., using open-ended questions, avoiding leading questions, respecting silence). (K)</p>			

4. Case Analysis	Demonstrated in case		
	1	2	3
<p>This section covers the bulk of your thought process required to do case analysis. Below is a list of the competencies assessed in the Case Analysis section with instructions on how to address them in your cases.</p> <p>1) 2.33 Use various approaches to case analysis (e.g., etiology, totality of characteristic symptoms, constitutional basis).</p> <p>Address by explaining the thought process in your case analysis and how you arrived at your homeopathic diagnosis. Provide a homeopathic differential analysis.</p> <p>2) 2.8 Understand how the psychological and emotional states of the individual can affect the patient's health and well-being. (K, S)</p> <p>Address by describing the importance of Mind (Mental) symptoms in remedy selection.</p> <p>3) 2.9 Identify potential obstacles to cure including, but not limited to, nutritional imbalances, environmental imbalances, and environmental exposure and toxicity. (K)</p> <p>Address by explaining the exciting/maintaining causes and/or common obstacles to cure.</p> <p>4) 2.19 Recognize common symptoms of pathologies in order to identify characteristic and individualized symptoms in the patient. (K,S)</p> <p>Address by differentiating between common and uncommon symptoms / provide identification of characteristic and individualized symptoms (i.e., strange, rare and peculiar symptoms).</p>			



4. Case Analysis		Demonstrated in case		
		1	2	3
5)	<p>2.35 Research homeopathic references and literature to confirm the medicine selection using:</p> <ul style="list-style-type: none"> a) Materia Medica; b) Clinical and proving data; c) Historical journals; and d) Cured cases. <p>Address by referencing the use of Materia Medica to support your remedy selection.</p>			
6)	<p>2.6 Demonstrate a thorough knowledge of the process of repertorization including:</p> <ul style="list-style-type: none"> a) The structure, organization, advantages and limitations of Repertory; b) Defining rubrics by translating patient narrative into the condensed language of the homeopathic Repertory; c) Grading of the symptoms and the remedies and their significance; and d) Technique of repertorization. <p>Address by demonstrating repertorization.</p>			
7)	<p>2.34 Select rubrics for repertorization to reach a homeopathic differential diagnosis.</p> <p>Address by describing how you would select the relevant rubrics and develop a short list of rubrics.</p>			
8)	<p>2.32 Analyze case findings to identify the characteristic signs and symptoms to construct a hierarchy of symptoms (e.g., "image of the disease").</p> <p>Address by arranging the characteristic symptoms that you have identified within your case to reflect the totality of symptoms.</p>			
9)	<p>2.21 Recognize when homeopathic treatment can complement, interact and/or interfere with other health care that the patient is receiving.</p> <p>Address by illustrating where homeopathic treatment has either complemented, interacted with, or interfered with other health care treatment.</p>			
10)	<p>2.36 Synthesize the collected information and utilize critical thinking to arrive at a homeopathic diagnosis. (K)</p> <p>Address by explaining why you chose the remedy for your patient.</p>			



5. Selection and Dispensing of Medicines	Demonstrated in case		
	1	2	3
<p>This section covers the selection and dispensing of medicines. Below is a list of the competencies assessed in the Selection and Dispensing of Medicines section with instructions on how to address them in your cases.</p> <p>1) 2.37 Select suitable medicine or sequence of medicines to restore/maintain optimal health and vitality. (K, S)</p> <p>Address by describing which medicine(s) would create a curative effect. Include a differential diagnosis.</p> <p>Describe any subsequent medicines that you have used following your original remedy choice and explain why you have used them.</p> <p>2) 2.38 Select administration of medicine including:</p> <p>a) Homeopathic potency (e.g., MT, X, D, C, Q or LM). (K);</p> <p>b) Posology (e.g., dosage). (K);</p> <p>c) Delivery mechanism (e.g., dry, liquid, injectable when or if approved in the scope of practice). (K)</p> <p>Address by describing the thought process behind selecting the homeopathic potency, posology and delivery mechanism.</p> <p>3) 2.39 Provide written instruction to patient on use of medicine including:</p> <p>a) Administration; (K, S)</p> <p>b) Storage; (K, S)</p> <p>c) Cautions and warnings; (S)</p> <p>d) Interactions; (K,S) and</p> <p>e) Dietary and lifestyle recommendations. (K, S)</p> <p>Address by providing, in writing, administration, storage, cautions and warning, interactions, and recommended dietary and lifestyle changes, where applicable.</p> <p>4) 2.40 Communicate individualized treatment plan to the patient.</p> <p>Address by confirming with the patient that he/she understands the treatment plan.</p>			



6. Case Management and Follow-up	Demonstrated in case		
	1	2	3
<p>This section covers case management and follow-up. Below is a list of the competencies assessed in the Case Management and Follow-up section with instructions on how to address them in your cases.</p> <p>1) 2.43 Evaluate, interpret and adjust treatment plan (e.g., second prescription) taking into consideration direction of cure, return of old symptoms, and/or new symptomatology. (S)</p> <p>Address by recording, as part of follow-up, the patient's observations after administration of the homeopathic medicine. Recognize the impact of the previous treatment and identify when there is a need to change the treatment plan.</p> <p>2) 2.46 Recommend referral and/or collaborate with other health-care practitioners, as required, to provide optimal care to the patient. (S)</p> <p>Address by including a case where a referral to another health-care provider is made, as may be required by the circumstances of the case.</p>			